



Calgary Community Food Resources by Quadrant

Places where people can access free and low-cost food in Calgary.

- Information about food resources can change often. Please contact the organization or visit their website for the most current information about who can access food and how to access food.
- See also printout resources for each quadrant (NE, SE, NW, SW)
- For more info, please google "**Food Access - City of Calgary**" or visit <https://www.calgary.ca/social-services/low-income/access-to-food.html>

Last updated Spring 2026: If you know of additional resources to add or changes that need to be made, please email food@calgary.ca.

SE Quadrant

Free: Food Hampers and Baskets

Acadia Food Pantry – McDougall United Church

No-cost emergency food hampers are available on the 3rd Tuesday of each month, from 11:45-12:45pm. You do NOT need to preregister before visiting in-person. New patrons must present a digital or paper document to show they live within our boundaries. It must have a full name, address, and a date of less than 90 days (example: a phone/utility bill or a driver's license issued within last 90 days). Delivery may be available to those with mobility issues by emailing us (include full name, address, and phone number. Include the number of adults, children, and seniors who will benefit from the food hamper). Available to those living in Acadia, Bonavista Downs, Canyon Meadows, Fairview, Haysboro, Lake Bonavista, Mapleridge, Queensland, Southwood, and Willow Park.

Address: 8516 Athabasca St SE (McDougall United Church)

Email: acadiapantry@gmail.com

Calgary Food Bank – Southeast Satellites

CFB Satellite - Eastside Victory Outreach

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Tuesdays and Thursdays from 12:00pm-2:00pm at the Eastside Victory Outreach (from the west side of the building).

Phone: 403-253-2055 (Food Bank)

Address: 1840 38 St SE

CFB Satellite - First Alliance Church

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Mondays from 4:30-6:30pm or Saturdays from 9:30-11:00am (Located on bus route 302; stop #2657 SB 40 Street @ 122 Ave; stop #2656 NB 40 Street @ 122 Ave.).

Phone: 403-253-2055 (Food Bank)

Address: 12345 40 St SE

CFB Satellite - Fish Creek United Church

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Thursdays from 5-6:30pm (enter on the East side of the building).

We also offer other food programs. Find details under other Fish Creek United Church listings.

Phone: 403-253-2055 (Food Bank)

Address: 77 Deerpoint Rd SE

CFB Satellite - Salvation Army Community Resource Centre

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Mondays and Wednesdays from 4:00pm-5:30pm from the west side of the building.

Phone: 403-253-2055 (Food Bank)

Address: Unit 100, 5115 17th Ave SE

CFB Satellite - Victory Foundation

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Wednesdays from 3:30-5pm (enter through the door on the left of the parking lot, under the sign "Victory Manor").

Phone: 403-253-2055

Address: 7012 Ogden Rd SE

Dover Community Association - Last Chance Produce

Drop-in every Friday between 1pm-3pm to pick-up free fresh produce and pantry items. Donated food is distributed on a first-come-first-served basis. If you are able, we suggest a donation of \$5 to cover operating costs. Please park on the street (not the parking lot).

Address: 3133 30 Ave SE

Email: lastchanceproduceltd@gmail.com

Phone: 403-478-7957

Neighbourhood Victory Outreach Church

Emergency hampers on a drop-in basis on Fridays from 2-4:45pm. Call for more details. See also our other food programs listed under Victory Outreach.

Phone: 587-327-3115

Email: ogden@victoryoutreach.ca

Address: 7012 Ogden Road SE

Ogden 50+ Activity Centre

Bread available every Friday from Sobeys and every third Friday bread from COBS. Available to adults aged 50+ every Friday after 8:30am free of charge.

Phone: 403-279-2003

Address: 2102 69 Ave SE

Potential Place

Providing hampers for members of Potential Place. Call us Monday-Friday 8:30am-4pm.

Phone: 403-216-9250

Email: clubmail@potentialplace.org

Address: #210, 308 11 Ave SE

Rise Calgary - Ogden

Emergency food is available for residents who have already accessed the Calgary Food Bank, or require a little food for the next few days. Food is available based on donations. Eligible to low income individuals. Call to book an appointment to pick up an emergency food hamper. We also offer other food programs. Find details under other Rise Calgary listings.

Phone: 403-720-3322

Email: info@risecalgary.ca

Address: 2734 76 Ave SE (Ogden)

Southwinds Church

Emergency grocery assistance once every 12 months. Serving residents of Ward 12 and Ward 14 (see website for specific neighbourhoods). Contact us for more information.

Phone: 403-703-9920

Email: office@southwindschurch.ca

Address: 11 Cranarch Rd SE (Call before visiting)

Society of St. Vincent de Paul – Southeast locations

Emergency food hampers and assistance to meet basic needs. Additional items may be requested based on need and availability, including diapers, infant formula, and toiletries. See [our website](#) for a list of the communities we serve. If you are not sure which location is best, call for help in finding an SSVV location near you.

SSVP - St. Albert the Great Parish

Phone: 403-827-9599

Email: satg.svp@gmail.com

Address: 10 Prestwick Dr S

SSVP - St. Bernadette Church

Phone: 403-236-2979

Email: ssvpsouthcalgary@gmail.com

Address: 7103 20a St SE

SSVP - St. Bonaventure Church

Phone: 403-278-7556
Address: 1600 Acadia Dr SE

SSVP - St. Cecilia Roman Catholic Church

Food hampers delivered Wednesday afternoon and evenings (except July).
Phone: 403-252-2790 ext. 223
Email: ssvpsouthcalgary@gmail.com
Address: 321 90 Ave SE

SSVP - Holy Trinity Church/Our Lady of Fatima

Phone: 403-663-0044
Email: yyc.holytrinityssvp@gmail.com
Address: We are in Forest Lawn. Contact us for a specific address.

The Alex Community Food Centre

Drop-in Family Dinner (Mondays 5-6:30pm): Kids and teens, bring your favourite adults for a family dinner! Halal and veggie options available.

Drop-in Community Lunch (Wednesdays 12-1pm): Drop-in and join us for a free, nutritious lunch. Adults and supervised children are welcome.

Drop-in Community Cafe (Fridays 9-11am): Drop-in and connect with friends for a good coffee, conversations, and a nutritious seasonal cafe snack. Adults and supervised children are welcome.

See website for details and other programs.

Phone: 403-455-5792
Email: goodfood@thealex.ca
Address: 4920 17 Ave SE

The Salvation Army – Community Resource Centre

Serving residents in the communities of Greater Forest Lawn.

Food Hampers: Providing free emergency food hampers with non-perishable ingredients. Additional items including toiletries, diapers, wipes, and formula for infants and toddlers can be requested, based on availability. Drop in Mon-Fri 1-4pm.

Hope Market: registered clients can shop for fresh produce, dairy, protein, and other pantry essentials twice a week at no cost. Call to book an appointment.

Phone: 403-410-1160
Email: CSCalgary.Info@salvationarmy.ca
Address: Unit 100, 5115 17th Ave SE

Victory Outreach - Eastside

Emergency hampers on a drop-in basis on Tuesdays and Thursdays from 12-2pm. See our other food programs listed under Victory Outreach.

Phone: 403-273-1050
Email: info@victoryfoundation.ca
Address: 1840 38 St SE

Free: Community Food Pantries

Abbeydale Christian Fellowship - Community Cupboard

Offering a variety of food items to families every week. To be eligible, you must live within the Abbeydale, Applewood or Penbrooke communities, or attend one of these three churches: Abbeydale Christian Fellowship church, Love in Action church, or Eastside City Church. Proof of address is required. Doors are open from 5–5:30pm on Tuesday afternoons.

Address: 1352 Abbeydale Dr SE

Chabad Lubavitch of Alberta - Kosher Pantry

Faigel Shapiro Kosher Pantry Outreach Program: Subsidized and gifted kosher food packages are available to those in need. People of all faiths can request support. Availability is based on donations. To request support or refer a friend/family member, please email us.

Email: info@chabadalberta.org

Address: 134 Forge Rd SE

Erin Woods: Community Association - My Little Pantry

A Community Pantry offers food from Tuesday-Thursdays from 10:30-4:30pm by appointment. Call us to book an appointment.

Address: 83 Erin Park Dr SE

Phone: 403-273-7209

Fish Creek United Church

Programs are open to residents living south of Glenmore Trail, east of MacLeod trail, and north of Stoney Trail.

Free Pantry: non-perishable food available Monday-Friday (10am-12pm & 1-4pm).

Bread Giveaway: Thursdays (10am-12pm & 1-4pm).

We also offer other food programs. Find details under other Fish Creek United Church listings.

Phone: 403-278-8263

Email: info@fishcreekunitedchurch.ca

Address: 77 Deerpoint Rd SE

Love with Humanity: Albert Park Radisson Heights - Community Outdoor Free Food Bank

Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome. This location also carries pet food.

Address: 2636 12 Ave SE

Love with Humanity: Forest Lawn - Community Outdoor Free Food Bank

Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome.

Address: 1839 9 Ave SE

**Love with Humanity: Inglewood - Community Outdoor Free Food Bank**

Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome.

Address: 2734 76 Ave SE

Love with Humanity: McKenzie Lake - Community Outdoor Free Food Bank

Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome.

Address: 135 Mckenna Cr SE

Love with Humanity: Ogden - Community Outdoor Free Food Bank

Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome.

Address: 2734 76 Ave SE

Food Bank Referrals & Connections to Basic Needs Support**First Alliance Church - Deerfoot**

Provides Calgary Food Bank referrals. Call us during office hours: Monday-Friday 8:30-4:00. See also our other food program listings.

Phone: 403-212-8847

Email: mpeters@faccalgary.com or bsoutherland@faccalgary.com

Address: 12345 40 St SE

Patch - Bannister

Food Bank referrals. Emergency food is available for those that are registered with Patch and accessing our services.

Phone: 403-201-3152

Address: 18 Bannister Manor SE

Patch - West Dover

Food Bank referrals. Emergency food is available for those that are registered with Patch and accessing our services.

Phone: 403-273-3984

Address: 3203 31a Ave SE

Rise Calgary - Ogden & Forest Lawn

Rise Calgary Community advocates are available to complete agency referrals to the Calgary Food Bank for all clients who have accessed all of their self referrals. Referrals available by phone or drop in.

We also offer other food programs. Find details under other Rise Calgary listings.

Phone: 403-720-3322 or 403-204-8280

Address: 3303 17 Ave SE (Forest Lawn)

Address: 2734 76 Ave SE (Ogden)

SE Calgary Community Resource Centre

Providing Food Bank referrals and other supports.

Phone: 403-720-3322

Address: 2734 76 Ave SE

Victory Outreach - Eastside

Food bank referrals by phone, email, or drop-in. See also our other food programs listed under Victory Outreach.

Phone: 403-273-1050

Address: 1840 38 St SE

Women in Need (WINS) Community Resource Hub

WINS Teams provide services, including Food Bank referrals, at our Community Hub locations, Tuesday to Friday (by appointment only). Email us for an appointment.

Email: hubs@winsyyc.ca

Address: Dover - 3525 26 Avenue SE

Address: Erin Woods - 701 Erin Woods Lane SE

Address: Manchester - 105j 7 Ave SE

Low-cost: Good Food Box Locations

Acadia Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call or email us, or order online!

Phone: 403-689-6348 or 403-255-1252 (Leslie)

Email: goodfoodbox@acadiaca.com

Address: 240 90 Ave SE

Alexandra Centre Society

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us or order online!

Phone: 403-269-5588 (Debbie or Paulette)

Address: 922 9 Ave SE

Applewood Depot

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 825-449-1988 (Amber)

Address: Unit 316, 7038 16 Ave SE

Community Wise Resource Centre

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us or order online!

Phone: 403-831-9123

Email: programcoord@communitywise.net

Address: 2710 17 Ave SE

Cranston Community Depot

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 403-477-3494 (Jacqueline)

Address: 356 Cranston Rd SE

Fish Creek United Church

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call or email us.

We also offer other food programs. Find details under other Fish Creek United Church listings.

Phone: 403-278-8263

Email: info@fishcreekunitedchurch.ca

Address: 77 Deerpoint Rd SE

Lake Bonavista Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us or order online!

Phone: 403-271-7107 ext. 225 (Tammy)

Address: 1401 Acadia Dr SE

McKenzie Towne Hall

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 403-781-6612 ext. 0 (Cherise)

Address: 40 McKenzie Towne Blvd SE

New Brighton Residents Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 403-781-6613 ext. 1

Address: 2 New Brighton Dr SE

Queensland Diamond Cove Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 403-278-3366 (Linda or Amber)

Address: 649 Queensland Dr SE

Rangeview Depot

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call or email us, or order online!

Phone: 403-371-4176 (Nancy)

Email: info@rangeviewhoa.com

Address: 9810 Rangeview Dr SE

Rise Calgary - Forest Lawn Depot

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please click the link to complete the form online and visit our office to make payment! Call for office hours. We also offer other food programs. Find details under other Rise Calgary listings.

Phone: 403-204-8280

Email: info@risecalgary.ca

Address: 3303 17 Ave SE

Rise Calgary - Ogden Depot

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us or visit our office to make payment! Call for office hours. We also offer other food programs. Find details under other Rise Calgary listings.

Phone: 403-720-3322

Email: info@risecalgary.ca

Address: 2734 76 Ave SE

The Block - Seton Homeowners Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us or order online!

Phone: 403-768-9186

Email: Info@setonhoa.ca

Address: 99 Seton Road SE

Willow Ridge Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us or order online!

Phone: 403-271-8044

Address: 680 Acadia Dr SE

Fresh Routes - YW Calgary Community Hub

Affordable and mobile fresh food market running every third Tuesday of the month from 11:00am-1:00pm. Find us at the front entrance of the Community Hub. Please check our website for the most current schedule.

Address: 1715 17 Ave SE

The Alex Community Food Centre - Fresh & Fare Community Market

Purchase **affordable** fresh fruits and vegetables on Fridays from 9-11am.

Address: 4920 17 Ave SE

Free & Low-cost: Meals

First Alliance Church - Deerfoot

Frozen meals are available during office hours - please arrange a pick-up time.

Phone: 403-212-8847

Email: mpeters@faccalgary.com or bsoutherland@faccalgary.com
Address: 12345 40 St SE

Greater Forest Lawn 55+ Society

Serving everyone!

Take Away Lunch: Frozen meals for \$5 can be purchased at reception, available for anyone. Variety to choose from, no set menu.

Lunch - Cafe 55: Tuesdays, 11:30am-12:30pm, \$12 meal including dessert, located in the Main Hall.

Express Lunch - Cafe 55: Wednesdays, 11:30am-12:30pm, \$6 meal and \$1 tea/coffee, located in the Main Hall.

Phone: 403-272-4661

Email: info@gfls.org

Address: 3425 26 Ave SE

Neighbourhood Victory Outreach Church

Free hot lunches available Fridays from 2-4:45pm. Call for more details. See also our other food programs listed under Victory Outreach.

Phone: 587-327-3115

Email: ogden@victoryoutreach.ca

Address: 7012 Ogden Road SE

Ogden 50+ Activity Centre

Pizza lunch available the first Wednesday of the month at 12pm for \$5. Available to mature adults aged 50+. Call to register.

Purchase soups and main courses at very affordable prices. Available to adults aged 50+ everyday from 8:30am-4:00pm.

Phone: 403-279-2003

Address: 2102 69 Ave SE

The Alex Community Food Centre

Drop-in Family Dinner (Mondays 5-6:30pm), Drop-in Community Lunch (Wednesdays 12-1pm), Drop-in Community Breakfast (Fridays 9-11am). See website for details and other programs.

Phone: 403-455-5792

Email: goodfood@thealex.ca

Address: 4920 17 Ave SE

Victory Outreach - Eastside

Free hot lunches available Tuesdays, Wednesdays, and Thursdays from 12-2pm. Call for more details. See also our other food programs listed under Victory Outreach.

Phone: 403-273-1050

Email: info@victoryfoundation.ca

Address: 1840 38 St SE



Youth Centres of Calgary - Forest Lawn

Come for grab-and-go snack items and a hot dinner. Open to kids aged 8-15. During the school year, available Monday-Thursday (2:30-6pm) and Fridays (12-5pm). We also have Summer Camp in July and August from Monday-Friday (11am-3pm) where we provide fresh, healthy food including snacks and hot dinners. No registration required. Just drop by!

Phone: 825-540-6961

Email: info@youthcentresofcalgary.com

Address: 2620 40 St SE

Youth Centres of Calgary - Ogden

Come for grab-and-go snack items and a hot dinner. Open to kids aged 8-15. During the school year, available Monday-Thursday (2:30-6pm) and Fridays (12-5pm). We also have Summer Camp in July and August from Monday-Friday (11am-3pm) where we provide fresh, healthy food including snacks and hot dinners. No registration required. Just drop by!

Phone: 825-540-6960

Email: info@youthcentresofcalgary.com

Address: 7400 23 St SE