



Calgary Community Food Resources by Quadrant

Places where people can access low and no-cost food in Calgary.

- Please contact the organization or refer to their website for the most up-to-date information on eligibility, food availability, and how to access the resource.
- Some organizations are listed under City-wide Resources *and* within the quadrant they are located.
- See also printout resources for each quadrant (NE, SE, NW, SW)

Last edited July 18, 2024: If you know of additional resources to add or changes that need to be made, please email Abby.Landon@calgary.ca

2. NE Quadrant

	Food Hampers and Baskets
 	<p>Calgary Food Bank Depot - Genesis Centre Hamper Pick-up location. Food Hampers available for pick up Tuesday and Wednesday 10-1130 a.m. Contact Information: To book your hamper Hours: Monday-Thursday 8:15am-7pm, Friday 8:15am-3:30pm Phone: 403-253-2055 (Food Bank) Address: The Genesis Centre 7555 Falconridge Blvd NE</p>
    	<p>Calgary Seniors' Resource Society SeniorConnect: We provide one-time emergency food hampers in urgent situations, such as awaiting a future Food Bank hamper delivery, returning from the hospital without food, or bridging the gap between pension payments when unexpected costs arise. If you need further support, our social workers will work with you to find other appropriate resources and support. Eligibility:</p> <ul style="list-style-type: none"> • Older adults 60+. • You must complete an intake and assessment with a social worker to determine eligibility. • <u>All hamper requests must be completed over the phone.</u> Please do not show up in person requesting a hamper. <p>Contact Information: Phone: 403-269-5445 Address: Located in NE Calgary. Please phone to request a hamper and specific address.</p>
	<p>CFB Depot - Centre Street Church Calgary Food Bank Depot Location; people order their hamper through the Calgary Food Bank (by calling or applying online: https://www.calgaryfoodbank.com/needfoodform/) and request this satellite location for pick up.</p>



	<p>Additionally, CSC also provides free hot meals through The Well Café on Mondays and Wednesdays (with the exception of statutory holidays) between 5:30–7:30 PM. To find the café, go in through the gymnasium doors (in front of the main parking lot below a sign that reads 'Compassionate Ministries Food Bank').</p> <p>Contact Information: Phone: 403-253-2055 (Food Bank) Hours: Pick-up days are Monday & Wednesday between 6-7:30 pm, and Tuesday & Thursday between 10-11:30 am. Address: 4120 Centre Street NE* *Cafe is moving to 3900 2nd St NE. Call 403-293-3900 for info.</p>
	<p><u>CFB Depot - Silvera for Seniors</u> This is a Calgary Food Bank Depot location: order your hamper through the Calgary Food Bank and request this satellite location for pick up.</p> <p>Contact Information: Phone: 403-253-2055 (Food Bank) Address: 2622 39 Ave NE</p>
	<p><u>CFB Depot - Supernatural Life Center</u> This is a Calgary Food Bank Depot location: order your hamper through the Calgary Food Bank and request this satellite location for pick up.</p> <p>Contact Information: Phone: 403-253-2055 (Food Bank) Address: 2221 41 Ave NE</p>
	<p><u>CFB Depot - Mustard Seed Downtown</u> This is a Calgary Food Bank Depot location: order your hamper through the Calgary Food Bank and request this satellite location for pick up.</p> <p>Contact Information: Phone: 403-253-2055 (Food Bank) Address: 102 11 Ave SE</p>
	<p><u>Dashmesh Culture Centre</u> Food bank: No-cost, non-perishable food and hygiene items available for pick-up (pasta, sauce, beans, soap, toothpaste, toothbrush, etc.). Donations also accepted. Pick-up Monday-Saturday from 12-4pm. Everyone is welcome to receive food services. If you are unable to visit in-person, please email Food@Dashmesh.ca.</p> <p>Contact Information: Hours: Monday-Saturday from 12-4pm Phone: 403-590-0970 Email: info@dashmesh.ca Location: 135 Martindale Blvd NE</p>
	<p><u>Feed it Forward</u> Food is available to anyone who needs support, no matter their situation and without judgement. We will do our best to meet specific food preferences based on donation availability. To request food, please visit our Facebook page. Email us with any questions.</p> <p>Contact Information: Email: feeditforwardyyc@gmail.com Address: Pick-up locations located throughout NE Calgary. Contact for details.</p>



 <p>Halal</p>	<p><u>Muslim Families Network Society</u> - Halal Food Bank Halal Food Bank is accessible through appointments only. We provide food assistance 4 times a year (more than 4 times in extreme situations). For assessment, please provide 2 months current bank statements for the family and the rental agreement. Contact Information: To book an appointment, call or email. Phone: 403-466-6367 Email: muslimfamilysociety@yahoo.com Address: Unit 1129, 3961 52 Ave NE (Building 1000)</p>
	<p><u>Sankofa Arts and Music Foundation</u> Food hampers are available to anyone in need. Contact Information: Phone: 403-815-5822</p>
	<p><u>SSVP Depot - Mary, Mother of the Redeemer/Our Lady of Grace</u> Emergency food hampers and assistance to meet basic needs. Additional items may be requested based on need and availability, including diapers, formula for infants and toiletries. Contact Information: Phone: 403-536-5970 Email: ssvpeast@gmail.com Address: 1714 14 Ave NE</p>
	<p><u>SSVP Depot - St. Mark Catholic Church</u> Emergency food hampers and assistance to meet basic needs. Additional items may be requested based on need and availability, including diapers, formula for infants and toiletries. Contact Information: Phone: 403-204-8918 Email: ssvpeast@gmail.com Address: 5552 Madigan Dr NE</p>
	<p><u>SSVP Depot - St. Thomas More Catholic Church</u> Emergency food hampers and assistance to meet basic needs. Additional items may be requested based on need and availability, including diapers, formula for infants and toiletries. Contact Information: Phone: 403-285-3773 Email: ssvpeast@gmail.com Address: 15 Templebow Rd NE</p>
	<p><u>Veterans Association Food Bank</u> No-cost food hampers available to military veterans and RCMP veterans. Phone to arrange a hamper. Contact Information: Hours: Mon-Fri, 8am-4pm; Saty 10am-4pm; Sun closed Phone: 403-367-8387 (for hampers or 24 hour crisis line) Email: info@theveteransfoodbankofcalgary.ca Address: 820 23 St NE</p>
	<p><u>Veterans Food Bank of Calgary</u> No-cost food hampers available to veterans and first responders. Phone to arrange delivery. Contact Information: Hours: Monday-Friday 8am-4pm; Saturday 10am-4pm; Sunday closed</p>



	<p>Phone: 403-367-8387 (for hampers or 24 hour crisis line) Address: #1, 4619 - 6 Street NE</p>
	<p><u>Community Food Pantries</u></p>
	<p><u>Calgary Community Fridge</u> Available 24/7. Outdoor fridge, freezer, and pantry. Free, fresh, and healthy food!! Please stop by anytime! Address: 918 Centre Street NW</p>
	<p><u>Free Little Pantry - Crossroads</u> The Little Free Library has been converted into a Free Little Pantry during COVID. Address: 1803 14 Ave NE</p>
	<p><u>Hindu Society - Community Outdoor Free Food Bank</u> The Hindu Society of Calgary and the Love with Humanity Association's Community Outdoor Free Food Bank and Multicultural Free Outdoor Library. Available 24/7. Everyone is welcome. Address: 2225 24 Ave NE</p>
	<p><u>Love with Humanity: Crossroads - Community Outdoor Free Food Bank</u> Free Community Outdoor Food Bank located beside the Free Little Library. Everyone is welcome to take what they need. Available 24/7. Hosted by the Crossroads Community Association and Love with Humanity Association. Address: 1820 Valleyview Road NE</p>
	<p><u>Love with Humanity: Saddle Ridge - Community Outdoor Free Food Bank</u> Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome! Address: 75 Saddlelake Way NE</p>
	<p><u>Love with Humanity: Taradale - Community Outdoor Free Food Bank</u> Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome! Address: 81 Taradale Drive NE</p>
	<p><u>Love with Humanity: Whitehorn - Community Outdoor Free Food Bank</u> Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome. Address: 631 Whitewood Road NE</p>
	<p><u>Maria's Food & Pantry Foundation</u> The pantry is a spacious, organized area filled with a variety of essentials. Shelves are lined with canned goods such as beans, soups, and vegetables, as well as dry staples like pasta, rice, and cereals. Additionally, there is pet food for our fur babies, dogs and cats. Drop-in at the door to Maria's Food & Pantry Foundation from Monday-Friday between 9am-6pm. Address: 631 Whitewood Road NE Facebook: @Maria's Food & Pantry Foundation Email: mariasfoodpantry@outlook.com</p>



	<p><u>North East Family Connections - Pantry</u> Counsellor on site – appointment to do intake needed to access this service. Dry goods grocery items available. Clothing available. Contact Information: Phone: 403-293-0424 Email: info@nefcs.ca Address: 95 Falshire Drive NE Hours: Tuesday to Thursday, 10am–3pm</p>
	<p><u>Robert McClure United Church</u> Food Pantry is open every Thursday, 12-2pm. We often have fruit, vegetables, canned goods, pastas, bread, and meat. A Free Thrift Shop is also open at the same time. Bring your own bags. Dress for the weather as waiting is outside. No referrals are necessary. Contact Information: Phone: 403 280-9500 Address: 5510 26 Ave NE</p>
	<p><u>Trellis East Hub - Pantry</u> Located inside the Trellis East Hub, this pantry runs on a give-and-take model, stocked by community members. It is open to anyone in the community and can be accessed during business hours (9am-6pm Monday to Friday). Contact Information: Address: 6098 Penbrooke Dr SE Hours: Monday to Friday, 9am-6pm</p>
	<p><u>YYCStreetFridge</u> Address: 634 Marsh Rd NE</p>
<p><u>Food Bank Referrals and Connections to Basic Needs Support</u></p>	
	<p><u>Closer to Home's North Central Family Resource Network</u> Providing support and Food Bank referrals. Contact Information: Phone: 403-543-0555 Address: 176 Bedford Dr NE</p>
	<p><u>Miskanawah Community Services - East</u> Providing Food Bank referrals for children, youth, families, and Elders. Please contact us if you need support Contact Information: Email: info@miskanawah.ca Phone: 403-247-5003 Address: 2335 30 Ave SE</p>
	<p><u>Mosaic Refugee Health Clinic</u> Social workers are available to ensure clients are connected to food resources. Located in Marlborough Mall Professional Centre. Contact Information: Phone: (403) 569-7251 Address: #280, 433 Marlborough Way NE</p>



	<p><u>North East Family Connections</u> Falconridge: Offering city-wide support including connection to food sources, basic needs relief and over-the-phone support/check-ins, foodbank referrals, Good Food Box, and navigating free food access across the city. Also offering other basic needs support like furniture and clothing from our donations and referrals to WINS; DI free goods program; and Interfaith Furniture. Contact Information: Phone: 403-293-0424 Email: info@nefcs.ca Hours: Mon-Fri, 10am-pm Address: 95 Falshire Dr NE</p>
	<p><u>The Mustard Seed Community Impact Centre</u> We are doing Food Bank referrals! We are also doing Baby Hamper referrals. Diapers and baby toiletries are available for people to access once a month. Call our advocate at 403-615-9214 for support. Bagged lunches are available every Wednesday and Friday from 9am-4pm. Free fresh bread is available every Tuesday starting at 1pm. Good Food Box available - people can walk in and register. We can schedule pick-up at our Neighbour Centre for a more convenient location. Contact Information: Phone: 403-615-9214 Email: MarlboroughParkCIC@Theseed.ca Address: 6060 Memorial Drive NE #24</p>
	<p><u>The Women's Centre of Calgary</u> The Women's Centre offers a safe place for women and their families to access resources and referrals. Call to arrange referral to the Food Bank and the Women's Centre is a satellite office for food bank pickup. Contact Information: Phone: 403-264-1155 Address: 39 4 Street NE</p>
<p><u>Affordable Good Food Box Locations</u></p>	
	<p><u>Crossroads Community Association</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us or complete an order form online. Contact Information: For more information Phone: 403-926-4730 Address: 1803 14 Ave NE</p>
	<p><u>Marlborough Park Community Association</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us or complete an order form online. Contact Information: For more information Phone: 403-248-1775 Address: 6021 Madigan Dr NE</p>



	<p><u>Martindale Good Food Box Depot</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us! Contact Information: For more info Phone: 587-917-3156 (Sue) Address: 25 Martinview Close NE</p>
	<p><u>North East Family Connections</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us. Contact Information: Phone: 587-617-8514 Address: #704, 2631 38 St NE (Russet Court)</p>
	<p><u>Northern Hills Community Association</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us or complete an order form online. Contact Information: Email: goodfoodbox@nhca.ca Address: 11950 Country Village Link NE</p>
	<p><u>Renfrew Baptist Church</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us or complete an order form online. Contact Information: Phone: 403-277-2292 Address: 1204 Renfrew Dr NE</p>
 	<p><u>The Mustard Seed Community Impact Centre</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. Good Food Box available - people can walk in and register. We can schedule pick up at the Centre for a more convenient location. We also do Food Bank referrals and baby hamper referrals. Diapers and baby toiletries are available for people to access once a month. Call our advocate at 403-615-9214 for support. Bagged lunches are available every Wednesday and Friday from 9am-4pm. Free fresh bread is available every Tuesday starting at 1pm. Contact Information: Phone: 403-615-9214 Email: MarlboroughParkCIC@Theseed.ca Address: 6060 Memorial Dr NE #24</p>
	<p><u>Thornccliffe Greenview Community Association</u> Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us or complete an order form online. Contact Information: For more information Phone: 403-274-6840 Address: 5600 Centre St N</p>



	<p><u>Affordable Food Markets</u></p>
	<p><u>Fresh Routes - Bridgeland Columbus Manor</u> Affordable and mobile fresh food market running Mondays from 11:30am to 1:30pm. Most locations run weekly, but please check our website for the most current schedule. Address: 40 11a St NE</p>
	<p><u>Free and Low Cost Meals</u></p>
	<p><u>Centre Street Church - West Campus</u> We invite you to come to The Well Cafe anytime between 5:30–7:30pm (with the exception of Stat holidays) on Mondays and Wednesdays to receive a free hot meal in the café located at Wing Kei Village (formerly known as Centre Street Church’s West Campus). This is a dine-in café only. Contact Information: Phone: 403-293-3900 Address: 4120 Centre St NE* *Moving to 3900 2 St NE. Call for more info.</p>
	<p><u>Dashmesh Culture Centre</u> Hot meals: No-cost, hot vegetarian meals and non-perishable goods are available for take-out. Place order on-site, inside the Dashmesh Culture Centre complex, near the Gurdwara Sahib entrance gate from 9am-9pm daily. Everyone is welcome to receive food services. If you are unable to visit in-person, please email Food@Dashmesh.ca. Contact Information: Hours: Daily, 9am-9pm Phone: 403-590-0970 Email: info@dashmesh.ca Location: 135 Martindale Blvd NE</p>
	<p><u>Grocery Delivery Services</u></p>
	<p><u>Renfrew Baptist Church</u> Providing support to folks who need help picking up groceries, prescriptions, and other essentials. To request support, please fill out the online form. Address: 1204 Renfrew Dr NE</p>
 	<p><u>Calgary Seniors' Resource Society</u> Seniors Social Supports: Practical Kindness Program: Provides one-time to short-term assistance (e.g. one-time food hamper delivery and transportation to grocery stores). Pet Assist Program: (food deliveries, pet care, etc) Eligibility:</p> <ul style="list-style-type: none"> • Older adults 65+. • You must complete an intake and assessment with a program coordinator to determine eligibility. • <u>All requests must be completed over the phone.</u> <p>Contact Information: Phone: 403-266-6200 Address: Located in NE Calgary. Please phone to request a hamper and specific address.</p>