



Calgary Community Food Resources by Quadrant

Places where people can access free and low-cost food in Calgary.

- Information about food resources can change often. Please contact the organization or visit their website for the most current information about who can access food and how to access food.
- See also printout resources for each quadrant (NE, SE, NW, SW)
- For more info, please google "**Food Access - City of Calgary**" or visit <https://www.calgary.ca/social-services/low-income/access-to-food.html>

Last updated Spring 2026: If you know of additional resources to add or changes that need to be made, please email food@calgary.ca.

NW Quadrant

Free: Food Hampers and Baskets

[Calgary Food Bank - Northwest Satellites](#)

CFB Satellite - Children's Cottage Society

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Mondays from 3:30-5pm (enter at the back of the building/down the alley by the large delivery space).

Phone: 403-253-2055 (Food Bank)

Address: 1804 Home Rd NW

CFB Satellite - Shepherd of the Hills Lutheran Church

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Wednesdays from 11am-12:15pm.

Phone: 403-253-2055 (Food Bank)

Address: 8007 Bowness Rd NW

CFB Satellite - Skyview Community Church

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Tuesdays from 6-7:15pm (enter on the North side of the building).

Phone: 403-253-2055 (Food Bank)

Address: 9685 Harvest Hills Blvd NW

CFB Satellite - Thornhill Baptist Church

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Thursdays from 4-5:30pm (pick-up through the main doors of church).

Phone: 403-253-2055 (Food Bank)

Address: 128 Tache Ave NW

CFB Satellite - Westminster Presbyterian Church

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Fridays from 11am-12:30pm (entrance is at the back of the building, to the left of the parking lot).

Phone: 403-253-2055 (Food Bank)

Address: 290 Edgepark Blvd NW

CFB Satellite - Westview Baptist Church

Call the Calgary Food Bank Monday-Thursday (8:15am-7pm), Friday (8:15am-4pm) to request your hamper at this location. Pick up Wednesdays from 11am-12:30pm (enter on the West side of the building).

Phone: 403-253-2055 (Food Bank)

Address: 1313 Ranchlands Way NW

Confederation Park 55+ Activity Centre

Pantry Program: Provides about a week's worth of non-perishable food such as pasta, canned fruits/veggies/beans/soups, oils, cereals or snacks. Place an order by calling us before Tuesday at 3pm. Pick-up your food on Fridays from 10am-12pm. Eligibility: 55+.

Phone: 403-289-4780

Email: info@yycseniors.com

Address: 2244 Chicoutimi Dr NW

Made by Momma

Providing food and baby essentials to new moms and moms of small children who are in need, including non-perishable food hampers, fresh bread, and prepared frozen meals. To request support, please fill out the web form: <https://madebymomma.org/contact-us-2/>

Address: 66 21 St NW

Phone: 587-890-3869

Pathway Church - Cambrian

Offering a Food Pantry at the Church for those in need by appointment. Please call the church office for more information or visit our website

Phone: 403-456-6860

Email: admin@pathwaychurch.ca

Address: 240 Cardiff Drive NW

SAIT Students' Association - Emergency Food Support

If you are a SAIT student in need of food support, please complete a request form online. If you are in urgent need of food, please email us directly. You may receive a grocery gift card, referral to the Calgary Food Bank or other campus resources. Eligible once per semester.

Email: saitsa.centre@edu.sait.ca

Address: Resource Centre (MC107, Stan Grad), 1301 16 Ave NW

Society of St. Vincent de Paul – Northwest locations

Emergency food hampers and assistance to meet basic needs. Additional items may be requested based on need and availability, including diapers, infant formula, and toiletries. See [our website](#) for a list of the communities we serve. If you are not sure which location is best, call for help in finding an SSVP location near you.

SSVP - Ascension Conference

Email: ssvp.ascension@gmail.com

Address: 1100 Berkshire Blvd NW

SSVP - Canadian Martyrs Church

Phone: 587-500-5602

Email: ssvpwest@gmail.com

Address: 835 Northmount Dr NW

SSVP - Corpus Christi Catholic Church

Phone: 403-275-0994

Email: ssvp.corpus@gmail.com

Address: 404 Northmount Pl NW

SSVP - St. Bernard's Church

Phone: 403-970-8107

Email: ssvpeast@gmail.com

Address: 711 37 St NW

SSVP - St. Joseph Catholic Church

Phone: 403-457-4966

Email: ssvpstjosephcalgary@gmail.com

Address: 640 19 Ave NW

SSVP - St. Peter's Roman Catholic Church

Phone: 403-288-9040

Email: svdp@st-peters.ca

Address: 541 Silvergrove Dr NW

SSVP - St. Pius X Parish

Phone: 403-289-3602

Email: ssvp@stpiousx.ca

Address: 2424 24 Ave NW

[The Salvation Army - Berkshire Citadel Community Church](#)

No-cost, emergency food hampers are available with up to two days worth of non-perishable food. Open Wednesday 9:30am-2:30pm.

Phone: 403-275-1827

Address: 222 Sandarac Dr NW

[University of Calgary - Student Union Campus Food Bank](#)

Students are eligible to receive a hamper of fresh and non-perishable foods. Food items depend on what is available and what you prefer. We try our best to provide nutritionally-balanced hampers and can accommodate specific dietary needs when possible. We also provide cookbooks for recipe ideas, meal planning tools, grocery shopping lists, and more. Email or phone to request a hamper.

Phone: 403-220-8599

Email: foodbank@ucalgary.ca

Address: Rm 225 MacEwan Hall (MH), 2500 University Drive NW

Hours: Mon/Tues/Thurs/Fri (10am-4pm); Wed (10am-6pm); Sat (10am-2pm)

Free: Community Food Pantries

[Awaken Church - Common Cupboard](#)

A 24/7 free fridge, freezer, pantry for all Bownesians. Take what you need, leave what you can. Help us stock the fridge so we might help to end food insecurity together.

Address: 6508 Bowwood Dr NW

[Bowness - Community Food Pantry](#)

Outdoor Community Food Pantry. Accessible 24/7. Located outside Bowest Appliances.

Address: 7948 Bowness Road NW

[Brentview Baptist Church - Community Pantry](#)

Non-perishable food items are available to anyone who needs. Stop by anytime. Our pantry works on a "Take what you need, leave what you can" basis. Availability of items can vary depending on donations.

Address: 3512 Charleswood Drive

Instagram: @forcalgary

[Brentwood - Little Free Pantry](#)

Available 24/7. If you need food, please stop by anytime. If you are interested in helping stock the Little Free Pantry, please only bring food items.

Address: 3624 Boulton Road NW

[Capitol Hill - Food Pantry](#)

Available 24/7. Outdoor community pantry with non-perishable food items and toiletries. Located by the dinosaur playground on the corner of 15th St and 20th Ave NW.

Address: 1531 21 Ave NW

Kensington Commons Church - Community Cupboard

Community Cupboard is located on the south side of the building near the bus stop. Items include non-perishable food, warm clothing and child/baby items, such as diapers and formula. Everything in the cupboard is free and available to anyone 24/7.

Address: 2404 Kensington Road NW

Love with Humanity: Dalhousie - Community Outdoor Free Food Bank

Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome.

Address: 4448 Dallyn St NW

Love with Humanity: Montgomery - Community Outdoor Free Food Bank

Love with Humanity Association's Community Outdoor Free Food Bank. Available 24/7. Everyone is welcome.

Address: 4521 Montgomery Ave NW

Maranatha Christian Reformed Church - Community Food Pantry

Outdoor Community Food Pantry, accessible 24/7. Located outside the Maranatha Church near Home Road.

Address: 2111 52 Street NW

Mount Pleasant – Community Pantry

The Community Pantry is available to community members to 'leave what you can and take what you need' of non-perishable food items and toiletries. Available 24/7. Located at the MPCA Community Hall (North Side).

Address: 602 22 Avenue NW

Pathway Church - Food Pantry

Offering a Food Pantry at the Church for those in need by appointment. Please call the church office for more information or visit our website.

Phone: 403-456-6860

Address: 240 Cardiff Drive NW

Ranchlands - Food Pantry

The Ranchlands Community Association operates a non-perishable food pantry for residents of Ranchlands who might be facing financial hardship or food insecurity. If you live in the community, you can request a hamper by filling out the [request form](#).

Email: ranchlandscommunity@outlook.com

Phone: 403-241-0335

Hours: Mondays from 4:30-5:30pm

Address: 7713 Ranchview Dr NW

Skyview Community Church - Helping Hands Pantry

Free little library for everyone, provided by Skyview Community Church's community outreach team, Skyview Reaching Out (SRO). Food availability varies based on donations. Drop-in 24/7 and take what you need.

Email: srolocal@skyviewchurch.ca

Address: 9685 Harvest Hills Blvd N

Food Bank Referrals & Connections to Basic Needs Support

Miskanawah – Northwest Hub

Providing Food Bank referrals for children, youth, families, and Elders. Please phone or email us if you need support.

Phone: 403-247-5003

Email: info@miskanawah.ca

Address: 2340 1 Ave NW

Rise Calgary - Ranchlands

Support and Food Bank referrals available by phone (5 days a week) or in-person. In-person referrals available Mon/Tues/Fri from 10am-12pm (appt only) or 1-4pm (drop-in). We also offer other food programs. Find details under other Rise Calgary listings.

Phone: 403-204-8280

Email: info@risecalgary.ca

Address: 1840 Ranchlands Way NW #14

Low-cost: Good Food Box Locations

Bowness Depot

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 403-874-3898 or 403-863-4976

Address: 8551 Bowness Road NW

Children’s Cottage Society

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 403-233-2273 ext. 3 (Tina)

Address: 1804 Home Road NW

Dalhousie Community Church

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call or email us!

Phone: 403-286-8528 (Kathy)

Email: office@dalhousiechurch.com

Address: 5511 Baroc Rd NW

Edgemont Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, visit our website and submit your order! Email us with any questions.

Email: gfb@edgemont.ab.ca

Address: 33 Edgevalley Cir NW

Highland Park Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call or email us!

Phone: 403-276-6969 (Ellen)

Email: goodfoodbox@hpca.ca

Address: 3716 2 St NW

Livingston Homeowners Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us!

Phone: 587-391-6239 (Arjun or Paola)

Address: 1248 Livingston Way NE

Made by Momma

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us or order online!

Phone: 403-367-1501

Address: 66 21 St NW

North Haven Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call or email us or order online!

Phone: 403-284-2716 (Lorraine) or 403-282-1075

Email: communityfood@northhavenyyc.ca

Address: 5003 North Haven Dr NW

Parkdale Nifty Fifties Seniors Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us!

Phone: 403-283-0620 (Kyla)

Address: 3512 5th Ave NW

Rocky Ridge Homeowners Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call, email, or order online!

Phone: 403-547-6633

Email: info@rrrha.ca

Address: 10709 Rocky Ridge Blvd NW

St. James Anglican Church

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call us!

Phone: 403-239-0104 (Nick)

Address: 6351 Ranchview Dr NW

Symons Valley United Church

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call or email us, or order online!

Phone: 403-274-2361 (Gerry)

Email: goodfoodboxsvuc@gmail.com

Address: 38 Kincora Rise NW

The Salvation Army - Berkshire Citadel Community Church

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians from September to June. To order a Good Food Box, please call us!

Phone: 403-275-1827 (Sylvia)

Address: 222 Sandarac Dr NW

Triwood Community Association

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call, email, or submit your order online.

Phone: 403-282-2677 ext. 103

Email: programs@triwoodcommunity.com

Address: 2244 Chicoutimi Dr NW

Tuscany Depot

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, please call us or message us on Facebook!

Phone: 403-561-2930 (Teresa) or 403-836-4800 (Julie)

Address: 46 Tuscany Meadows Crescent NW

University of Calgary - SU Campus Food Bank

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. Come to Volunteer Services in MacEwan Hall (MH 225) from 8:30am–4:30pm weekdays. We will help you place an order and pay. Cash only. See the website for prices and order deadlines.

Phone: 403-220-8599

Email: reception@su.ucalgary.ca

Address: Rm 225 MacEwan Hall (MH), 2500 University Drive NW

Varsity Acres Presbyterian Church

Low-cost boxes of fruits and vegetables are available for pick-up to all Calgarians. To order a Good Food Box, call or email us!

Phone: 403-288-0544 (Zennia)

Email: office@vapc.ca

Address: 4612 Varsity Dr NW

Low-cost: Food Markets

Campus Food Hub Affordable Food Market

Students can shop an assortment of groceries offered at affordable prices. Products are subsidized by the SU Quality Money program to support accessibility to good food for students. Credit and debit cards are accepted. No cash, please. Bring your own bag, please.

Opening hours:

Tuesdays 1 p.m. – 6 p.m.

Wednesdays 11 a.m. – 4 p.m.

Thursdays 9 a.m. – 2 p.m.

Address: Crowsnest Hall 102, 250 Collegiate Blvd NW

Fresh Routes - Foothills Hospital: Health Sciences Centre

Low-cost mobile fresh food market running Wednesdays from 11am-1pm. Most locations run weekly, but please check our website for the most current schedule.

Address: 3330 Hospital Dr NW

Fresh Routes - Hillhurst Sunnyside: Community Association

Low-cost mobile fresh food market running Mondays from 4-6pm. Price subsidy available to residents - ask for more info. Most locations run weekly, but please check our website for current schedules.

Address: 1320 5 Ave NW

Fresh Routes - SAIT: Peer Support Centre

Low-cost mobile fresh food market running most Tuesdays from 11am-2pm. Find us in Room NJ105. Most locations run weekly, but please check our website for current schedules.

Address: 1301 16 Ave NW (Room NJ105)

Free & Low-cost: Meals

The Pelican Foundation Mission - The Pelican Kitchen

Visit us on Saturdays from 11:45am-12:30pm for a free meal. All are welcome.

Address: 8007 Bowness Road NW

Email: 2thepelican@gmail.com

Phone: 403-926-4433

University of Calgary: Campus Food Hub

Ladle Up! Visit us on Wednesdays from 12-2pm for a bowl of hearty soup and a bun for only \$2. The soup menu changes weekly. We try to meet dietary restrictions when possible.

Breakfast Club:

Visit us on Thursdays from 9-11am for an easy and affordable way to fuel up for the day.

\$3 Smoothies: flavour changes weekly

\$2 Grab and Go bag: 3 items like fruit, toast, egg bits, overnight oats. Includes coffee/tea.

Credit and debit cards are accepted. No cash, please. See our website for additional programs and resources from the Campus Food Hub.

Address: Crowsnest Hall 102, 250 Collegiate Blvd NW